

MENU

STARTERS

Trenchers Prawn Cocktail *GF £9.95 Marie-Rose Sauce, Iceberg Lettuce, Lemon, Bread & Butter	Shetland Mussels *GF £11.95 White Wine, Garlic, Cream, Parsley, Toasted Sourdough	Halloumi Fries £8.95 Ranch Dressing, Pomegranate Seeds, Spring Onion, Parsley
Whitby Scampi £8.95 Served with Lemon, Sweet Chilli Sauce or Garlic Mayonnaise, Dressed Salad	Crispy Salt & Pepper Squid £9.95 Red Onion & Coriander Salad, Chilli Jam	Tempura Tiger Prawns *GF £12.95 Asian Dipping Sauce, Spring Onion & Coriander Salad
Homemade Soup of the Day V VG £7.95 Served with Sourdough	Greek Salad V GF *VG £8.95 Cucumber, Red Onion, Olives, Feta, Cherry Tomatoes	

SEAFOOD BOARDS

Ideal to share as a starter for two or as a main for one

Trenchers Chilled Seafood Selection *GF £24.95 Greenland Prawns, Hot & Cold Smoked Salmon, Smoked Mackerel, Roll Mop, Mussels, Marie Rose Sauce, Lemon, Toasted Sourdough	Trenchers Hot & Cold Seafood Selection £25.95 Greenland Prawn Cocktail, Hot & Cold Smoked Salmon, Whitby Scampi, Cod Bites, Lemon, Toasted Sourdough, Tartare Sauce
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TRENCHERS MULTI-AWARD-WINNING TRADITIONAL FISH & CHIPS

ALL SERVED WITH CHIPS, LEMON & TARTARE SAUCE

Cod	Haddock <i>(Skin-on for a Fuller Flavour)</i>	Vegan Fish & Chips VG *GF £17.95 Banana Blossom, Chips, Lemon & Plant-Based Tartare Sauce
Small *GF £15.95	Small *GF £15.95	
Regular *GF £19.95	Regular *GF £19.95	Regular Hake *GF £15.95

Available Battered or Floured

MAINS

Slow Cooked Steak Pie £19.50 Leek Suet Pastry Top, Chips, Gravy, Mushy or Garden Peas	Vegan Burger VG £19.95 Plant-Based Burger Patty, Vegan Cheddar, Iceberg Lettuce, Beef Tomato, House Burger Sauce, Brioche Bun, Fries
Trenchers Fish Pie GF £19.50 Cod, Hake, King Prawns, Poached Salmon, Herb & Leek Cream, Creamed Potato & Mature Cheddar, Garden Peas	King Prawn & Fish Bites *GF £22.95 Chips, Mixed House Salad, Chilli Jam, Lemon
Trenchers Goan Curry With Vegetables £15.95 *GF With Seafood £19.95 *GF	Whitby Scampi £18.95 Chips, Lemon, Tartare Sauce
Braised Rice, Pak Choi, Crispy Shallot, Coriander	Chip Shop Sausage £13.95 Available Battered or Unbattered, Chips, Curry Sauce
House Burger £19.95 2x 4oz Patties, American Cheese, Pickles, House Burger Sauce, Beef Tomato, Iceberg Lettuce, Brioche Bun, Onion Rings, Fries	Vegan Sausage VG GF £14.95 Available Battered or Unbattered, Chips, Gravy

SIDES

Chips *GF £3.75
Mushy Peas GF VG £2.75
Garden Peas *GF VG £2.75
Curry Sauce £2.75
Gravy GF VG £2.75
Bread & Butter *GF £0.50
Bread Bun & Butter £2.00
Fries *GF *VG £3.75

DESSERTS

Cheesecake of The Day £8.50 Whipped Cream or Vanilla Ice Cream	Warm Chocolate Fudge Cake V £8.50 Whipped Cream or Vanilla Ice Cream
Profiteroles V £8.50 Whipped Cream, Dark Chocolate Sauce	Sticky Toffee Pudding V £8.50 Vanilla Ice Cream, Butterscotch Sauce
Apple & Cinnamon Crumble V GF £8.50 Custard or Vanilla Ice Cream	Selection of Ice Cream & Sorbets VG *GF £6.95

Please note, we fry in beef dripping. Vegetable oil option available on request.
(V) Vegetarian (VG) Vegan (GF) Gluten Free (*GF) Gluten Free on request.
Please enquire for more information regarding ingredients and allergens.

Little Skippers Menu

12 Years & Under

Drinks

Squash - £0.75
Orange or blackcurrant

Milk - £1.00

Simply Fruity - £1.95
Orange or blackcurrant

Mains - £6.95

All mains (excluding Tomato & Cheese Pasta and Cheeseburger) are served with chips, plus a choice of beans, mushy peas or garden peas.

Fish Bites | *GF

Chicken Nuggets

Tomato & Cheese Pasta | V

Chip Shop Sausage
Available Battered or Unbattered

Scampi

Vegan Sausage | VG | GF
Available Battered or Unbattered

Cheeseburger
Served with Fries

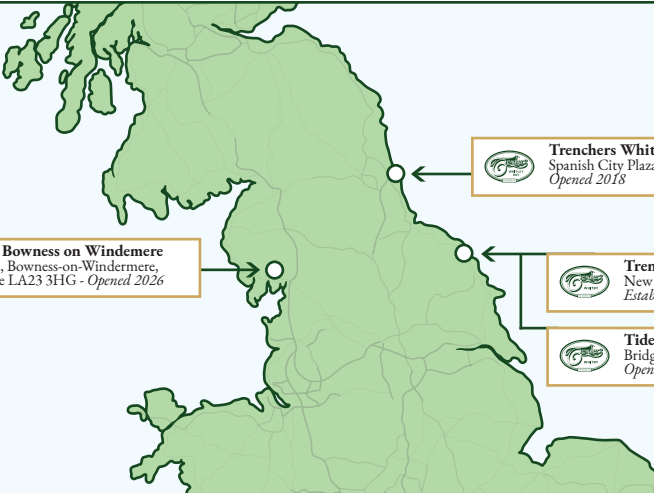
Desserts - £3.95

Ice Cream Sundae | V
Vanilla, Chocolate or Strawberry Ice Cream,
Choice of Sauce

Chocolate Brownie | V
Chocolate Sauce,
Vanilla Ice Cream

Sticky Toffee Pudding | V
Vanilla Ice Cream

Artisan Sorbet | VG | GF



Trenchers Bowness on Windermere
Rectory Rd, Bowness-on-Windermere,
Windermere LA23 3HG - Opened 2026



Trenchers Whitby Bay
Spanish City Plaza, Whitby Bay NE26 1BG
Opened 2018



Trenchers of Whitby
New Quay Rd, Whitby YO21 1DH
Established 1980



Tide Restaurant & Trenchers Takeaway
Bridge Street, Whitby YO22 4BG
Opened 2024

**BEST RESTAURANT IN THE UK AT THE
NATIONAL FISH AND CHIP AWARDS
(2026, 2020, 2019)**